

## **Searching For You: Ideas About Healthy Relationships**

My first book, "Searching For You: Ideas About Healthy Relationships", was published in 2009. This book explores the components of healthy relationships, such as honesty, appropriate boundaries, and genuine communication. Through the exploration of the facets which comprise a healthy relationship, this book highlights how we can all utilize the numerous abilities we possess to develop more satisfying and healthy relationships in all aspects of our lives.

[Please click here to purchase the book](#)